

## New Zealand Pentathlon Multisport – Anti-Doping Policy (2025)

### Purpose

To uphold the integrity of sport and protect athlete health by ensuring compliance with the **World Anti-Doping Code (2025)** and **New Zealand Sports Anti-Doping Rules (2025)**.

### Scope

This policy applies to:

- All athletes, coaches, officials, and support personnel under NZ Pentathlon Multisport.
- All events, training, and competitions sanctioned by NZ Pentathlon Multisport.

### Commitment

NZ Pentathlon Multisport is committed to:

- Promoting a culture of clean sport.
- Delivering anti-doping education.
- Supporting testing and investigations.
- Reporting doping and suspicious activity.
- Ensuring compliance with WADA and Sport Integrity Commission NZ requirements.
- Ensuring compliance with UIPM World Pentathlon Anti-doping rules and requirements: [Medical and Anti-Doping | Union Internationale de Pentathlon Moderne \(UIPM\)](#)

### Key Updates for 2025

- **Adoption of Sports Anti-Doping Rules 2025** (Sport Integrity Commission NZ).
- **Integration of WADA 2025 Prohibited List** (effective 1 January 2025).
- **Athletes' Anti-Doping Rights Act** incorporated for transparency and fairness.
- Revised rules on **Therapeutic Use Exemptions (TUEs) and Results Management**.

- Clarifications on substances (e.g., guanfacine not prohibited; hydrafenil classified as stimulant).
- Blood donation via accredited centers no longer prohibited.

## Anti-Doping Rule Violations

Consistent with the **World Anti-Doping Code**, violations include:

- Presence or use of a prohibited substance or method.
- Refusal or evasion of testing.
- Tampering with the doping control process.
- Possession, trafficking, or administration of prohibited substances.
- Association with individuals sanctioned for doping.
- Failure to provide whereabouts information (for registered testing pool athletes).

Violations listed in the UIPM World Pentathlon Anti-Doping Rules.

## Prohibited Substances & Methods

Refer to the **WADA 2025 Prohibited List**, including:

- **At all times:** Non-approved substances, anabolic agents, peptide hormones, beta-2 agonists, hormone modulators, diuretics/masking agents.
- **In-competition:** Stimulants, narcotics, cannabinoids, glucocorticoids.
- **Prohibited methods:** Blood manipulation, chemical and physical manipulation, gene doping.

## Therapeutic Use Exemptions (TUEs)

Athletes requiring prohibited substances for medical reasons must apply for a TUE in accordance with the **International Standard for TUEs**.

## Education

All athletes and support personnel must complete annual anti-doping education provided by **Sport Integrity Commission NZ**. This can be found via the following link: [Anti-doping education | Sport Integrity Commission Te Kahu Raunui](https://www.sportintegrity.nz/anti-doping-education)

## Testing & Investigations

- Testing may occur in-competition or out-of-competition.
- Athletes must comply with sample collection procedures and provide accurate whereabouts information if required.

## Sanctions

Violations may result in:

- Disqualification of results.
- Periods of ineligibility (up to lifetime bans for severe violations).
- Financial penalties and loss of funding.

## Reporting

Suspicious activity or doping concerns must be reported to:

- **Sport Integrity Commission NZ** ([sportintegrity.nz](http://sportintegrity.nz))
- NZ Pentathlon Multisport Executive Board Members

## References

- WADA 2025 Prohibited List
- [Sports Anti-Doping Rules 2025 – Sport Integrity Commission NZ](#)